

# GUIDE TO 50/50 PARENTING SCHEDULES































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THE INFORMATION PROVIDED IN THIS DOCUMENT DOES NOT, AND IS NOT INTENDED TO, CONSTITUTE LEGAL ADVICE; INSTEAD, ALL INFORMATION, CONTENT, AND MATERIALS ARE FOR GENERAL INFORMATIONAL PURPOSES ONLY.





























CLEMENT MEDIATION

# ALTERNATING WEEKS

SUN	MON	TU	WED	THU	FRI	SAT
						
						
						
						

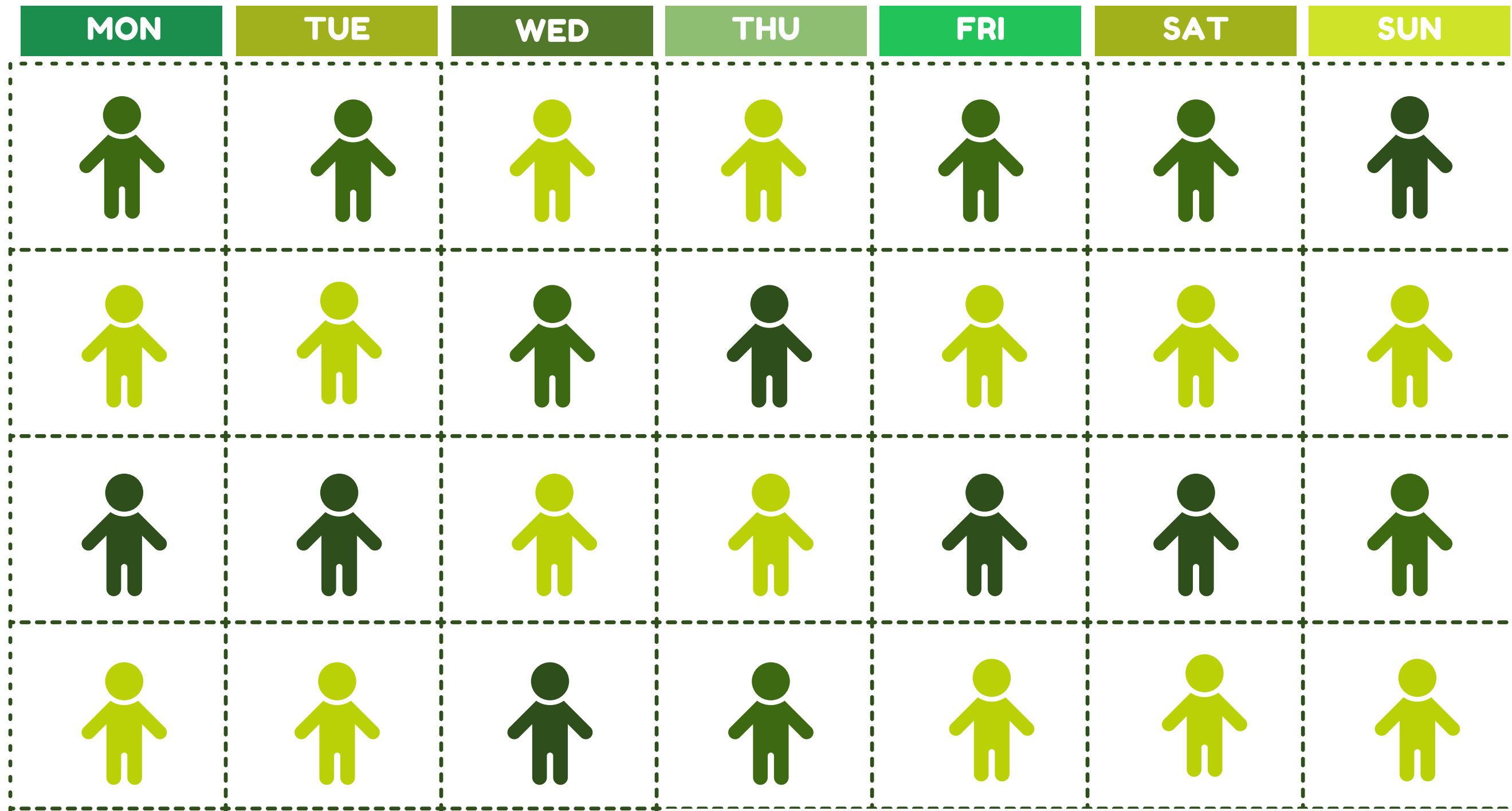
**CHILDREN ARE OLDER - PARENTS TRAVEL FOR WORK - LONG COMMUTE BETWEEN HOUSEHOLDS - FREQUENT TRANSITIONS ARE DIFFICULT**

# ALTERNATING EVERY 2 DAYS

SUN	MON	TUE	WED	THU	FRI	SAT
						
						
						
						





























**WORKS BEST IF:  
YOUNGER CHILDREN  
PARENTS WANT TO SPLIT WEEKENDS**

# 2-2-3 ROTATION



**WORKS BEST IF:  
ALTERNATE WEEKENDS - CHILDREN HAVE MANY ACTIVITIES - PARENTS WANT EQUAL INVOLVEMENT IN ACTIVITIES  
BY ALTERNATING WEEKDAYS**





























# 3-3-4-4 ROTATION

SUN	MON	TUE	WED	THU	FRI	SAT
						
						
						
						

**WORKS BEST IF...**

































**PARENTS NEED DESIGNATED WORK DAYS - WANT TO ALTERNATE WEEKENDS - WANT A PREDICTABLE SCHEDULE - CHILDREN HAVE MANY ACTIVITIES**

# 5-2-2-5 ROTATION

SUN	MON	TUE	WED	THU	FRI	SAT
						
						
						
						

































**WORKS BEST IF:  
PREDICTABILITY IS IMPORTANT.  
PARENTS NEED ASSIGNED WORK DAYS.  
CHILDREN HAVE MANY ACTIVITIES.**

# ALTERNATING WEEKS: MIDWEEK OVERNIGHT

SUN	MON	TUE	WED	THU	FRI	SAT
			  Day Night			
			  Day Night			
			  Day Night			
			  Day Night			

**WORKS BEST IF:  
OLDER CHILDREN.  
PARENTS TRAVEL FOR WORK.**

# ALTERNATING WEEKS: MIDWEEK DINNER

SUN	MON	TUE	WED	THU	FRI	SAT
			  Day & Night Dinner			
			  Day & Night Dinner			
			  Day & Night Dinner			
			  Day & Night Dinner			

**WORKS BEST IF:  
OLDER CHILDREN.  
PARENTS TRAVEL FOR WORK.  
TRANSITIONS ARE DIFFICULT.**



# CREATE YOUR OWN SCHEDULE

SUN	MON	TUE	WED	THU	FRI	SAT